

The Journey to Recovery: Medical Respite Care in Illinois

Medical Respite:

Medical Respite is a **short-term, post-acute care** service for people experiencing homelessness who are not well enough to recover in unstable or unsheltered environments but do not require hospitalization. This provides a safe place to recover with dignity, grounded in trauma-informed, client-centered, and collaborative care that helps **disrupt the cycles of homelessness** through social support and pathways to stability.

Medical Respite in Illinois Looks Like:



19 Medical Respite Programs
across **9 IL Counties**
offering **195+ beds**

*Providing a place for
Illinoisians to recover with:*



**24-hour
access to
shelter**



**Daily
wellness
checks**



**3
meals
per day**

Core Medical Respite Care Services:



Medical/Clinical Care

A stable, 24-hour place to rest and recover ensures patients have a safe, indoor setting that supports healing after hospital discharge.



Case Management & Social Support

Intentional coordination of patient care and social supports increases patients' stability post-discharge.



Transportation Support

Transportation support helps patients attend medical appointments and stay connected to ongoing care.



Communication Access

Access to phones or telehealth enables patients to communicate with clinicians and manage their medical needs in real time.



Behavioral Health Care

Integrated screening, treatment, and connections to services support mental health, substance use recovery, and long-term stability.



Medication Management

Secure storage for belongings, medications, and medical equipment reduces risk of loss and supports consistent care management.

Find and connect with an Illinois Medical Respite Program Near You



Learn more at IllinoisMedicalRespite.org

