Exploring Medicaid Coverage of the Diabetes Prevention Program in Illinois

Wednesday, June 12, 2019
The University Center, Chicago

IPHI mobilizes stakeholders, catalyzes partnerships, and leads action to promote prevention and improve public health systems in order to maximize health, health equity and quality of life for the people of Illinois.

Funding for this meeting was provided through the Centers for Disease Control and Prevention DP18-1815 grant, Improving the Health of Illinoisans Through Chronic Disease Prevention.

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AGENDA

9:30 am  Registration and light refreshments

10:00 am  Welcome
  • Ngozi Ezike, MD, Director, Illinois Department of Public Health
  • Doug Elwell, MSA, Director, Division of Medicaid Programs, Illinois Department of Healthcare and Family Services
  • Elissa Bassler, CEO, Illinois Public Health Institute

10:15 am  Why NDPP and Why Now?
  • Valerie Lawson, MS, RDN, LDN, State and Local Consultation Team Lead, Centers for Disease Control and Prevention
  • Tony Hampton, MD, MBA, CPE, Regional Medical Director, Advocate Aurora Medical Group South Region
  • Cynthia Turner, Advocate/Aurora Trinity Hospital National Diabetes Prevention Program participant

11:00 am  The MCO Perspective on Diabetes and Prevention
  • Esther M. Morales, RN, MBA, Divisional Vice President, Quality, Government Programs, Health Care Service Corporation
  • Laurel R. Chadde, Performance Improvement Project Analyst, CountyCare Health Plan

11:45 am  NDPP Coverage Trajectory
  • Kelly McCracken, RD, CDE, Public Health Consultant, National Association of Chronic Disease Directors
  • Sandra E. Kick, MSPH, Senior Manager, Office of Innovation, Research and Development, Maryland Medicaid Program
  • Patryce Toye, MD, MBA, Chief Medical Officer, MedStar Family Choice

12:00 pm  Lunch: 12:30 – 1:15

1:15 pm  Applying Lessons to Illinois
  • Doug Elwell, MSA, Director, Division of Medicaid Programs, Illinois Department of Healthcare and Family Services
  • Tamkeen Khan, PhD, Senior Economist, American Medical Association
  • Paula Jimenez, RN, Assistant Division Chief, Chronic Disease Prevention, Illinois Department of Public Health
  • Avari Sheth, MD MPH, Medical Director, Office of Chronic Disease Prevention and Health Promotion, Chicago Department of Public Health
  • Elissa Bassler, CEO, Illinois Public Health Institute

2:15 pm  Interactive Discussion: Transferring Lessons to Illinois to Advance NDPP coverage
  • Facilitators and Barriers to Medicaid/MCO Coverage of NDPP
  • Facilitators and Barriers in the Healthcare and NDPP Delivery Systems to Maximizing Access to NDPP through Medicaid
  • Potential Strategies for Recruiting, Referring and Retaining Medicaid Recipients on NDPP

3:45 pm  Next Steps Towards Sustainability and Closing Remarks
  • Kelly McCracken, RD, CDE, Public Health Consultant, National Association of Chronic Disease Directors
  • Sandra E. Kick, MSPH, Senior Manager, Office of Innovation, Research and Development, Maryland Medicaid Program
  • Patryce Toye, MD, MBA, Chief Medical Officer, MedStar Family Choice

Speakers

Elissa Bassler  MFA  Chief Executive Officer  Illinois Public Health Institute
Ms. Bassler joined the Illinois Public Health Institute (IPHI) in 2001 as its Executive Director and has established the organization as a leader in policy development and advocacy, training and technical assistance, promotion of data and health information technology, policy and systems research, and health improvement planning. In addition to serving as CEO, Bassler also serves as the Executive Director of the Illinois Alliance to Prevent Obesity (IAPO), a statewide, multi-sector coalition of more than 100 partners that is managed and convened by IPHI. Bassler is the Co-Principal Investigator for the Chicago Collaboration to Advance Reach, Equity, and Systems (CHICARES) to Prevent Diabetes, a collaboration with the Chicago Department of Public Health funded by the Centers for Disease Control and Prevention. Prior to joining IPHI 18 years ago, Bassler was the public policy director at the Day Care Action Council of Illinois (now Illinois Action for Children), Executive Director of the Coalition for New Priorities and Executive Director of the Chicago Chapter of Physicians for Social Responsibility. Ms. Bassler received her M.F.A. from the Goodman School for Drama at DePaul University and her B.A. in Dramatic Art from the University of Davis.

Laurel R. Chadde  Performance Improvement Project Analyst  CountyCare Health Plan
Ms. Chadde is a Performance Improvement Project Analyst at CountyCare Health Plan, part of Cook County Health. Utilizing data to identify areas needing quality improvement, Ms. Chadde implements performance improvement initiatives. CountyCare uses innovative approaches to improve preventive care and services for the CountyCare membership. She helped implement an in-home diabetic retinal screening program to engage hard to reach members and works closely with clinics, hospitals, and care coordination to improve quality and care for members. Ms. Chadde has a Bachelor of Science from the University of Michigan and a Master of Public Health from Northwestern University. She was a member of the North Florida Health Corps AmeriCorps program and helped facilitate the first Diabetes Prevention Program at Florida’s First Coast YMCA. Laurel is passionate about public health and improving the health of individuals through lifestyle changes.

Doug Elwell  MSA  Director, Division of Medicaid Programs  Illinois Department of Healthcare and Family Services
Before becoming Director of Medicaid Programs for the Illinois Department of Healthcare and Family Services (HFS) in 2019, Mr. Elwell was Deputy CEO for Finance and Strategy for Cook County Health (CCH). Mr. Elwell joined CCH in 2014 where he was a member of the team that built CountyCare from 140,000 members to 355,000 through acquisitions and organic growth. He led the effort to focus on developing and integrating behavioral health with other community providers and primary care within CCH. He also worked with others in the organization to address social determinants including housing and food insecurity. Before joining CCH, Mr. Elwell served as a senior health care executive with a strong operational and financial background, full profit and loss experience, and more than 30 years of leadership in health care delivery organizations. Director Elwell has a B.A. from the University of Wisconsin – Madison and his M.S.A. from the University of Notre Dame. Mr. Elwell is also a Certified Public Accountant and licensed as a Nursing Home Administrator.
Ngozi Ezike MD
Director
Illinois Department of Public Health

Dr. Ngozi Ezike is the Director of the Illinois Department of Public Health (IDPH). Dr. Ezike is a board-certified internist and pediatrician who joined IDPH from Cook County Health where she served for over 15 years promoting the organization’s mission of delivering integrated health services with dignity and respect regardless of a patient’s ability to pay. Dr. Ezike has delivered inpatient care at Stroger Hospital as well as primary and preventive care in community and school-based clinics. As Medical Director for the Austin Health Center, located on the West Side of Chicago, she engaged with the community through health initiatives involving obesity, diabetes, and breastfeeding. In her last role with Cook County Health, she served as Medical Director at the Cook County Juvenile Temporary Detention Center (JCTD), the largest single site juvenile detention facility in the country. She was instrumental in creating and implementing the facility’s health policies as the first step of many for coming out of federal receivership and achieving national accreditation for the detention center. As part of Healthy JTDCC 2020, she partnered with profit and non-profit organizations to sponsor the center’s first running program which culminated in a 3K/5K run event for the detained youth. Dr. Ezike is a national policy advisor on juvenile correctional health topics and has presented at numerous local and national conferences for medical professionals and youth audiences alike. Dr. Ezike graduated with honors from Harvard College with a concentration in chemistry. Her medical degree is from University of California at San Diego. She completed her internship and residency at Rush Medical Center where she is an Assistant Professor of Pediatrics. She also earned a management certificate from Harvard Business School.

Tony Hampton MD, MBA, CPE
Regional Medical Director
Advocate Aurora Medical Group South Region

Dr. Hampton is board-certified in Obesity Medicine and Family Medicine. He is currently the physician lead for Advocate’s Healthy Living Program as well as Regional Medical Director for the South Region of Advocate’s Medical Group. He is an inspirational public speaker, blogger, coach, and has authored a book entitled Fix Your Diabetes/End Your Diabetes. He has led multiple programs and works with Advocate Aurora to coach patients on their journey to achieve their health care goals by balancing nutrition, exercise, stress reduction, increased sleep, and needed medical interventions. He believes that a shift is needed in healthcare where we all work together focus on prevention and wellness. He is married and a father of two college-aged boys.

Paula Jimenez RN
Assistant Division Chief, Division of Chronic Disease
Illinois Department of Public Health

Ms. Jimenez is the Assistant Division Chief of the Chronic Disease Division at the Illinois Department of Public Health in Springfield. Paula is a registered nurse with over 30 years of experience in both chronic and infectious diseases. She currently serves as the Program Manager for the DP-1815 grant, Improving the Health of Illinoisans Through Chronic Disease Prevention and is the acting Diabetes Program Manager. Paula and her team are currently working on strategies to engage payers and relevant public and private sector organizations to expand the availability of the National DPP as a covered benefit for Medicaid beneficiaries, state/public employees and employees of private sector organizations.

Tamkeen Kahn PhD
Senior Economist
American Medical Association

Dr. Khan currently works for the American Medical Association’s (AMA) Outcomes Analytics Team within the organization’s strategic focus area. Dr. Khan’s research focuses on the economics of chronic disease and the impacts on cost of care and physician/patient behaviors. Her portfolio also includes the development of evaluation protocols to assess the impact of AMA initiatives targeting diabetes prevention and hypertension control. Prior to joining the AMA in 2014, Dr. Khan worked with the University of Illinois’ Institute for Health Research Policy where she did research in the areas of the economics of obesity, food and beverage taxation, and the availability of electronic cigarettes and other reduced harm tobacco products. Dr. Khan received her PhD in Economics and a Bachelor of Science degree in Finance and Economics from the University of Illinois at Chicago.

Sandra E. Kick MSPH
Senior Manager, Office of Innovation, Research and Development
Maryland Medicaid Program

Ms. Kick joined the Maryland Medicaid Program in 2014 and currently serves as Senior Manager in the Office of Innovation, Research and Development. In this role, Ms. Kick is responsible for leading several high priority Medicaid special projects and pilot initiatives, including the recently concluded Medicaid and National Diabetes Prevention Program (National DPP) demonstration, which tested implementation of a delivery model for the National DPP in Medicaid managed care organizations. In 2018, Ms. Kick led efforts to prepare and submit a §1115 HealthChoice Waiver Amendment application, approved by CMS in April 2019, which included among other programs the HealthChoice Diabetes Prevention Program (HealthChoice DPP). The HealthChoice DPP will be implemented statewide beginning September 1, 2019. Ms. Kick received her Bachelor of Arts degree from Syracuse University, and her MSPH in Health Policy and Management from the University of North Carolina – Gillings School of Global Public Health.
Valerie A. Lawson MS, RDN, LDN
Director, Office of Chronic Disease Prevention and Health Promotion - Health Care Service Corporation (BCBS-IL, MT, NM, OK, and Texas)

Ms. Lawson is the Lead Health Scientist and Team Lead for the State and Local Consultation Team in the Division of Diabetes Translation at the Centers for Disease Control and Prevention. She oversees the Division’s efforts to support workforce development in clinical management and surveillance of 2 diabetes in state health departments and primary care providers. Ms. Lawson holds a B.S in Public Health from the University of Illinois at Chicago and is a registered and licensed dietitian and exercise physiologist. Prior to joining CDC, Valerie led chronic disease prevention and tobacco control work for the VMCDA of USA and supported over 800 local Ys across the nation to deliver high quality evidence based programs that impacted the health of their communities. Ms. Lawson holds her B.S in Health Promotion and Rehabilitation from the University of Central Michigan, her M.S in Exercise Physiology from the University of Chicago. Ms. Lawson has been with BCBSIL since 2012, and prior to that held a similar role at WellCare Health Plans. Ms. Lawson has been in the field of diabetes care for over 15 years.

Kelly McCracken RD, CDE
Public Health Consultant
National Association of Chronic Disease Directors

Ms. McCracken currently holds a position as Public Health Consultant with the National Association of Chronic Disease Directors (NACCD) where she manages a project to establish Medicaid coverage for the National Diabetes Prevention Program. Prior to consulting with NACCD, Ms. McCracken served as the Diabetes and Cardiovascular Disease Unit Coordinator at the Colorado Department of Public Health and Environment. In this position, she worked with local, state, and national partners to increase reimbursement for and access to evidence-based chronic disease prevention and management programs. Earlier in her career, Ms. McCracken worked as a dietitian, diabetes educator, and health practitioner for over 10 years. Ms. McCracken holds a B.S in Social Work from the University of Illinois at Champaign-Urbana and a B.S in Human Nutrition from the University of Illinois at Chicago and is a Certified Diabetes Educator.

Esther M. Morales RN, MBA
Division Director, Office of Chronic Disease Prevention and Health Promotion Programs - Health Care Service Corporation (BCBS-IL, MT, NM, OK, and Texas)

Ms. Morales has been with BCBSIL since 2012, and prior to that held a similar role at WellCare Health Plans. Ms. Morales has been in the field of diabetes care for over 15 years. In this role, Ms. Morales has been a leader in implementing the Diabetes Prevention Program grant. As a Certified Diabetes Educator, Ms. Morales serves as Co-PI on the Chicago City Initiative, and Co-PI on the Cook County Health, championing various system transformation initiatives including integration of community-clinical linkages for chronic disease and expanding access to treatment for opioid use disorder in the safety-net medical home. Dr. Shah received her medical degree from the University of Michigan. She completed a residency in Family Medicine at Columbia University Medical Center and Preventive Medicine and Public Health at Cook County Health. She is board-certified in family medicine and preventive medicine, completed a primary care research fellowship and master of public health at the University of Washington focusing on the chronic care model and practice change, and holds a degree in healthcare quality and patient safety.

Patryce Toye MD, MBA
Chief Medical Officer, MedStar Family Choice

Dr. Patryce Toye joins the panel today as the Chief Medical Officer for MedStar Family Choice, the Medicaid Managed Care Organization in the MedStar Health System. MedStar Health is an integrated delivery system in the Washington, DC-Maryland-Virginia region. MedStar Family Choice is the Medicaid and Health Insurance Program (CHIP) managed care plan of MedStar Health. MedStar Family Choice is one of the largest Medicaid and CHIP plans in the nation, serving more than 500,000 members in Maryland, D.C., and Virginia. MedStar Family Choice is a Medicare Part A and B plan. You can find out more about MedStar Family Choice by visiting medstarfamilychoice.com. Dr. Toye is a board-certified family physician and serves as Chief Medical Officer for MedStar Health since 2017. Dr. Toye received her medical degree from the University of Chicago Pritzker School of Medicine and completed a primary care research fellowship and master of public health at the University of Washington focusing on the chronic care model and practice change, and holds a degree in healthcare quality and patient safety.

Avani Sheth MD MPH
Chronic Disease Division, Office of Chronic Disease Prevention and Health Promotion - Chicago Department of Public Health

Dr. Sheth is the Medical Director for the Office of Chronic Disease Prevention and Health Promotion at the Chicago Department of Public Health (CDPH) and is a practicing family physician. Dr. Sheth is a master public health graduate and has been a faculty member at the Johns Hopkins Bloomberg School of Public Health since 2003. Dr. Sheth received her medical degree from the University of Michigan and completed a residency in Family Medicine at Cook County Health. Prior to joining CDPH, she served as faculty in the Department of Family Medicine at the University of Illinois at Chicago, where she provided care in the Cook County Health, championing various system transformation initiatives including integration of community-clinical linkages for chronic disease and expanding access to treatment for opioid use disorder in the safety-net medical home. Dr. Sheth received her medical degree from the University of Michigan. She completed a residency in Family Medicine at Columbia University Medical Center and Preventive Medicine and Public Health at Cook County Health. She is board-certified in family medicine and preventive medicine, completed a primary care research fellowship and master of public health at the University of Washington focusing on the chronic care model and practice change, and holds a degree in healthcare quality and patient safety.

Cynthia Turner

Ms. Turner was the second born and raised in the southeast side of Chicago. She attended Chicago Vocational Career Academy High School and graduated in 1983. At the age of 16, while attending high school she also attended a cosmetology school called Beauty School. She then attended beauty school for 2 years and graduated in 1981-1982. Ms. Turner earned her Cosmetology License in 1983 and achieved an award for a beauty contest in “best hair style for business woman in the day”. Ms. Turner has been an active member of Merrill Avenue Baptist church now known as Compassion Baptist Church of Chicago since she was 10 years of age. She is a member of the senior ministry, hospitality, and first step nursery. She also gains back volunteering in the church office twice a week. Ms. Turner successfully completed the Diabetes Prevention Program reaching her weight loss goal. She lost 60 pounds. Ms. Turner completed class and received an award for going above and beyond her goal. Ms. Cynthia currently enjoys living a healthier life which she learned from being a Diabetes Prevention Program participant.

Understanding the need for and efficacy of the DPP

Understand how other states are approaching Medicaid coverage of DPP, including a case study of Maryland’s DPP journey

Understand key considerations of Medicaid coverage of DPP in Illinois

Identity opportunities, challenges, and potential next steps for exploring Medicaid coverage of DPP in Illinois

Meeting objectives