

Exploring Medicaid Coverage of the Diabetes Prevention Program in Illinois

Wednesday, June 12, 2019
The University Center, Chicago



CONTACT

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IPHI mobilizes stakeholders, catalyzes partnerships, and leads action to promote prevention and improve public health systems in order to maximize health, health equity and quality of life for the people of Illinois.



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AGENDA

9:30 am Registration and light refreshments

10:00 am Welcome

- **Ngozi Ezike**, MD, Director, Illinois Department of Public Health
- **Doug Elwell**, MSA, Director, Division of Medicaid Programs, Illinois Department of Healthcare and Family Services
- **Elissa Bassler**, CEO, Illinois Public Health Institute

10:15 am Why NDPP and Why Now?

- **Valerie Lawson**, MS, RDN, LDN, State and Local Consultation Team Lead, Centers for Disease Control and Prevention
- **Tony Hampton**, MD, MBA, CPE, Regional Medical Director, Advocate Aurora Medical Group South Region
- **Cynthia Turner**, Advocate/Aurora Trinity Hospital National Diabetes Prevention Program participant

11:00 am The MCO Perspective on Diabetes and Prevention

- **Esther M. Morales**, RN, MBA, Divisional Vice President, Quality, Government Programs, Health Care Service Corporation
- **Laurel R. Chadde**, Performance Improvement Project Analyst, CountyCare Health Plan

11:45 am NDPP Coverage Trajectory

- **Kelly McCracken**, RD, CDE, Public Health Consultant, National Association of Chronic Disease Directors
- **Sandra E. Kick**, MSPH, Senior Manager, Office of Innovation, Research and Development, Maryland Medicaid Program
- **Patryce Toy**, MD, MBA, Chief Medical Officer, MedStar Family Choice

Lunch: 12:30 – 1:15

1:15 pm Applying Lessons to Illinois

- **Doug Elwell**, MSA, Director, Division of Medicaid Programs, Illinois Department of Healthcare and Family Services
- **Tamkeen Khan**, PhD, Senior Economist, American Medical Association
- **Paula Jimenez**, RN, Assistant Division Chief, Chronic Disease Prevention, Illinois Department of Public Health
- **Avani Sheth**, MD MPH, Medical Director, Office of Chronic Disease Prevention and Health Promotion, Chicago Department of Public Health
- **Elissa Bassler**, CEO, Illinois Public Health Institute

2:15 pm Interactive Discussion: Transferring Lessons to Illinois to Advance NDPP coverage

- Facilitators and Barriers to Medicaid/MCO Coverage of NDPP
- Facilitators and Barriers in the Healthcare and NDPP Delivery Systems to Maximizing Access to NDPP through Medicaid
- Potential Strategies for Recruiting, Referring and Retaining Medicaid Recipients on NDPP

3:45 pm Next Steps Towards Sustainability and Closing Remarks

Speakers

Elissa Bassler MFA

Chief Executive Officer
Illinois Public Health Institute

Ms. Bassler joined the Illinois Public Health Institute (IPHI) in 2001 as its Executive Director and has established the organization as a leader in policy development and advocacy, training and technical assistance, promotion of data and health information technology, policy and systems research, and health improvement planning. In addition to serving as CEO, Bassler also serves as the Executive Director of the Illinois Alliance to Prevent Obesity (IAPO), a statewide, multi-sector coalition of more than 100 partners that is managed and convened by IPHI. Bassler is the Co-Principal Investigator for the Chicago Collaboration to Advance Reach, Equity, and Systems (Chicago CARES) to Prevent Diabetes, a collaboration with the Chicago Department of Public Health funded by the Centers for Disease Control and Prevention. Prior to joining IPHI 18 years ago, Bassler was the public policy director at the Day Care Action Council of Illinois (now Illinois Action for Children), Executive Director of the Coalition for New Priorities and Executive Director of the Chicago Chapter of Physicians for Social Responsibility. Ms. Bassler received her M.F.A. from the Goodman School for Drama at DePaul University and her B.A. in Dramatic Art from the University of California at Davis.

Laurel R. Chadde

Performance Improvement Project Analyst
CountyCare Health Plan

Ms. Chadde is a Performance Improvement Project Analyst at CountyCare Health Plan, part of Cook County Health. Utilizing data to identify areas needing quality improvement, Ms. Chadde implements performance improvement initiatives. CountyCare uses innovative

approaches to improve preventive care and services for the CountyCare membership. She helped implement an in-home diabetic retinal screening program to engage hard to reach members and works closely with clinics, hospitals, and care coordination to improve quality and care for members. Ms. Chadde has a Bachelor of Science from the University of Michigan and a Master of Public Health from Northwestern University. She was a member of the North Florida Health Corps AmeriCorps program and helped facilitate the first Diabetes Prevention Program at Florida's First Coast YMCA. Laurel is passionate about public health and improving the health of individuals through lifestyle changes.

Doug Elwell MSA

Director, Division of Medicaid Programs
Illinois Department of Healthcare and Family Services

Before becoming Director of Medicaid Programs for the Illinois Department of Healthcare and Family Services (HFS) in 2019, Mr. Elwell was Deputy CEO for Finance and Strategy for Cook County Health (CCH). Mr. Elwell joined CCH in 2014 where he was a member of the team that built CountyCare from 140,000 members to 335,000 through acquisitions and organic growth. He led the effort to focus on developing and integrating behavioral health with other community providers and primary care within CCH. He also worked with others in the organization to address social determinants including housing and food insecurity. Before joining CCH, Mr. Elwell served as a senior health care executive with a strong operational and financial background, full profit and loss experience, and more than 30-years of leadership in health care delivery organizations. Director Elwell has a B.A from the University of Wisconsin – Madison and his M.S.A. from the University of Notre Dame. Mr. Elwell is also a Certified Public Accountant and licensed as a Nursing Home Administrator.

Ngozi Ezike MD

Director

Illinois Department of Public Health

Dr. Ngozi Ezike is the Director of the Illinois Department of Public Health (IDPH). Dr. Ezike is a board-certified internist and pediatrician who joined IDPH from Cook County Health where she served for over 15 years promoting the organization's mission of delivering integrated health services with dignity and respect regardless of a patient's ability to pay. Dr. Ezike has delivered inpatient care at Stroger Hospital as well as primary and preventive care in community and school-based clinics. As Medical Director for the Austin Health Center, located on the West Side of Chicago, she engaged with the community through health initiatives involving obesity, diabetes, and breastfeeding. In her last role with Cook County Health, she served as Medical Director at the Cook County Juvenile Temporary Detention Center (JCTD), the largest single site juvenile detention facility in the country. She was instrumental in creating and implementing the facility's health policies as the first step of many for coming out of federal receivership and achieving national accreditation for the detention

center. As part of Healthy JTDC 2020, she partnered with profit and non-profit organizations to sponsor the center's first running program which culminated in a 3K/5K run event for the detained youth. Dr. Ezike is a national policy advisor on juvenile correctional health topics and has presented at numerous local and national conferences for medical professionals and youth audiences alike. Dr. Ezike graduated with honors from Harvard College with a concentration in chemistry. Her medical degree is from University of California at San Diego. She completed her internship and residency at Rush Medical Center where she is an Assistant Professor of Pediatrics. She also earned a management certificate from Harvard Business School.

Tony Hampton MD, MBA, CPE

Regional Medical Director

Advocate Aurora Medical Group South Region

Dr. Hampton is board-certified in Obesity Medicine and Family Medicine. He is currently the physician lead for Advocate's Healthy Living Program as well as Regional

Medical Director for the South Region of Advocate's Medical Group. He is an inspirational public speaker, blogger, coach, and has authored a book entitled *Fix Your Diet, Fix Your Diabetes*. He has led multiple programs and works with Advocate Aurora to coach patients on their journey to achieve their health care goals by balancing nutrition, exercise, stress reduction, increased sleep, and needed medical interventions. He believes that a shift is needed in healthcare where we all work together focus on prevention and wellness. He is married and a father of two college-aged boys.

Paula Jimenez RN

Assistant Division Chief, Division of Chronic Disease

Illinois Department of Public Health

Ms. Jimenez is the Assistant Division Chief of the Chronic Disease Division at the Illinois Department of Public Health in Springfield. Paula is a registered nurse with over 30 years of experience in both chronic and infectious diseases. She currently serves as the Program Manager for the DP-1815 grant, Improving the Health of Illinoisans Through Chronic Disease Prevention and is the acting Diabetes Program Manager. Paula and her team are currently working on strategies to engage payers and relevant public and private sector organizations to expand the availability of the National DPP as a covered benefit for Medicaid beneficiaries, state/public employees and employees of private sector organizations.

Tamkeen Kahn PhD

Senior Economist

American Medical Association

Dr. Khan currently works for the American Medical Association's (AMA) Outcomes Analytics Team within the organization's 'Improving Health Outcomes' strategic focus area. Dr. Khan's research focuses on the economics

of chronic disease and the impacts on cost of care and physician/patient behaviors. Her portfolio also includes the development of evaluation protocols to assess the impact of AMA initiatives targeting diabetes prevention and hypertension control. Prior to joining the AMA in 2014, Dr. Khan worked with the University of Illinois' Institute for Health Research Policy where she did research in the areas of the economics of obesity, food and beverage taxation, and the availability of electronic cigarettes and other reduced harm tobacco products. Dr. Khan received her PhD in Economics and a Bachelor of Science degree in Finance and Economics from the University of Illinois at Chicago.

Sandra E. Kick MSPH

Senior Manager, Office of Innovation,

Research and Development

Maryland Medicaid Program

Ms. Kick joined the Maryland Medicaid Program in 2014 and currently serves as Senior Manager in the Office of Innovation, Research and Development. In this role, Ms. Kick is responsible for leading several high priority Medicaid special projects and pilot initiatives, including the recently concluded Medicaid and National Diabetes Prevention Program (National DPP) demonstration, which tested implementation of a delivery model for the National DPP in Medicaid managed care organizations. In 2018, Ms. Kick led efforts to prepare and submit a \$1115 HealthChoice Waiver Amendment application, approved by CMS in April 2019, which included among other programs the HealthChoice Diabetes Prevention Program (HealthChoice DPP). The HealthChoice DPP will be implemented statewide beginning September 1, 2019. Ms. Kick received her Bachelor of Arts degree from Syracuse University, and her MSPH in Health Policy and Management from the University of North Carolina – Gillings School of Global Public Health.



Valerie A. Lawson MS, RDN, LDN

State and Local Consultation Team Lead

Centers for Disease Control and Prevention (CDC)

Ms. Lawson is the Lead Health Scientist and Team Lead for the State and Local Consultation Team in the Division of Diabetes Translation at the Centers for Disease Control and Prevention. She oversees the Division's efforts to support work in diabetes management and type 2 diabetes prevention in state health departments and local jurisdictions across the U.S. Valerie is a registered and licensed dietitian and exercise physiologist. Prior to joining CDC, Valerie led chronic disease prevention and development work for the YMCA of USA and supported over 800 local Ys across the nation to deliver high quality programs and services that impacted the health of their communities. Ms. Lawson holds her B.S. in Health Promotion and Rehabilitation from the University of Central Michigan, her M.S in Exercise Physiology from the University of Illinois at Chicago and is a registered and licensed Dietitian.

Kelly McCracken RD, CDE

Public Health Consultant

National Association of Chronic Disease Directors

Ms. McCracken currently holds a position as Public Health Consultant with the National Association of Chronic Disease Directors (NACDD) where she manages a project to establish Medicaid coverage for the National Diabetes Prevention Program. Prior to consulting with NACDD, Ms. McCracken served as the Diabetes and Cardiovascular Disease Unit Supervisor at the Colorado Department of Public Health and Environment. In this position, Kelly worked with local, state, and national partners to increase reimbursement for and access to evidence-based chronic disease prevention and management programs. Earlier in her career, Ms. McCracken worked as a dietitian, diabetes educator, and a public health practitioner for over 10 years. Ms. McCracken holds a B.S in Social Work from the University of Illinois at Champaign-Urbana and a B.S. in Human Nutrition from the University of Illinois at Chicago and is a Certified Diabetes Educator.

Esther M. Morales RN, MBA

Divisional Vice President, Quality, Government Programs

Health Care Service Corporation (BCBS -IL, MT, NM, OK, and Texas)

Ms. Morales has been with BCBSIL since 2012, implementing the Quality Improvement Programs for both Medicare and Medicaid. Together with her team and other key stakeholders, she has enhanced the quality performance by accomplishing multiple objectives such as implementing provider supplemental data files to capture HEDIS results not transmitted on claims, developed and implemented the concept of field-based quality staff where quality staff work entirely in the field collaborating with key providers and Medical Groups throughout the year, and implemented various member-based initiatives through outbound call campaigns, in-home test kits and in-home assessments. Prior to BCBS, from 2004-2012, Ms. Morales worked as the Vice President for Quality Improvement and Operations for WellCare. Prior to WellCare, Esther worked for United Healthcare for four years as a Divisional Director for Medical Expense Management and as Director of Health Services/Care Coordination. Prior to United Healthcare Esther worked for Humana in Chicago for eight years in charge of Health Services. Ms. Morales has a bachelor's degree in Journalism from Medill School of Journalism at Northwestern University, a nursing diploma, and an MBA specializing in healthcare management from the University of Chicago.

Avani Sheth MD MPH

Medical Director, Office of Chronic Disease Prevention and Health Promotion

Chicago Department of Public Health

Dr. Sheth is the Medical Director for the Office of Chronic Disease Prevention and Health Promotion at the Chicago Department of Public Health (CDPH) and is a practicing safety-net family physician. Dr. Sheth serves as primary adviser for chronic disease, providing medical and epidemiological guidance, and leads a broad array of city-wide chronic disease initiatives spanning policy and environmental changes to healthcare system change

and community linkages. She serves as Co-PI on the Chicago CARES to Prevent Diabetes initiative. Prior to joining CDPH, she served as faculty in the Department of Family and Community Medicine at Cook County Health, championing various system transformation initiatives including integration of community-clinical linkages for chronic disease and expanding access to treatment for opioid use disorder in the safety-net medical home. Dr. Sheth received her medical degree from the University of Michigan. She completed a residency in Family Medicine at Columbia University Medical Center and Preventive Medicine and Public Health at Cook County Health. She is board-certified in family medicine and preventive medicine, completed a primary care research fellowship and master of public health at the University of Washington focusing on the chronic care model and practice change, and holds a degree in healthcare quality and patient safety.

Patryce Toye MD, MBA

Chief Medical Officer

MedStar Family Choice

Dr. Patryce Toye joins the panel today as the Chief Medical Officer for MedStar Family Choice, the Medicaid Managed Care Organization in the MedStar Health System. MedStar Health is an integrated delivery system in the Baltimore-Washington area and has approximately 90,000 members in Maryland. Dr. Toye served as Medical Director at MedStar Family Choice since 2000, Senior Medical Director since 2014 and Chief Medical Officer MedStar Health Plans since 2017. As Medical Director, she has helped set the medical policy, utilization policy, and quality agenda that have resulted in MedStar Family Choice's success. Dr. Toye has been directly involved with the implementation of the Diabetes Prevention Program grant. Prior to joining MedStar, Dr. Toye's medical career includes

several years in private practice and as an attending physician in a community hospital emergency room before joining HelixCare, the predecessor to MedStar Health. Dr. Toye is board-certified in Internal Medicine and is a Fellow of the American College of Physicians. Dr. Toye received her undergraduate degree from Cornell University, College of Arts and Sciences. She attended medical school at the Johns Hopkins University School of Medicine and stayed on to do her internship and residency training in Internal Medicine at the Johns Hopkins Hospital. She also holds a master's in business administration from the Johns Hopkins University Carey School of Business.

Cynthia Turner

Ms. Turner was the second born and raised in the southeast side of Chicago. She attended Chicago Vocational Career Academy High School and graduated in 1980. At the age of 16, while attending high school she also attended a cosmetology school. She later continued cosmetology school at Debbie School of Beauty Culture at the young age of 22 from 1981-1982. Ms. Turner obtained her Cosmetology License in 1983 and achieved an award for a beauty contest in "best hair style for business woman in the daytime." Ms. Turner has been an active member of Merrill Avenue Baptist church now known as Compassion Baptist Church of Chicago since she was 10 years of age. She is a member of the senior ministry, hospitality, and first step nursery. She also gives back by volunteering in the church office twice a week. Ms. Turner successfully completed the Diabetes Prevention Program reaching her 5% weight loss goal. She lost 60 pounds at the completion of class and received an award for going above and beyond her goal. Ms. Cynthia currently enjoys living a healthier life which she learned from being a Diabetes Prevention Program participant.

Meeting objectives

— Understand the need for and efficacy of the DPP

— Understand how other states are approaching Medicaid coverage of DPP, including a case study of Maryland's DPP journey

— Understand key considerations for Medicaid coverage of DPP in Illinois

— Identify opportunities, challenges, and potential next steps for exploring Medicaid coverage of DPP in Illinois