

# THE HEALTHY EATING+ACTIVE LIVING ACT PROVIDES TOOLS TO HELP ILLINOIS COMMUNITIES

Economists Estimate that  
A **SMALL TAX** on Sugary Drinks

**Raises Over  
\$600 MILLION  
a Year for:**



## ACCESSIBLE + AFFORDABLE FRUITS + VEGETABLES

Healthy fresh foods will be made available to diverse communities throughout Illinois with farmer's markets, community gardens, and healthier retail stores.

## NUTRITION EDUCATION

Provide learning materials and support to educate children and families on the benefits of healthy eating.



## DISEASE PREVENTION SERVICES

Services to prevent and manage diabetes, heart disease, and some cancers at health departments, the Medicaid program, and community organizations.



## WALKING + BIKING PATHS

New accessible paths in communities for walking and biking.



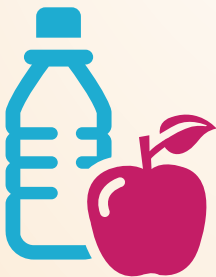
## PHYSICAL EDUCATION

Resources and support to help schools offer more high quality physical education for our children.



## HEALTHIER FOOD FOR CHILDREN

Resources to make school and early childhood meals healthier and tastier.



## WORKSITE WELLNESS PROGRAMS

Resources to provide access to healthier eating and physical activity choices in the workplace.



FOR A HEALTHIER ILLINOIS, VISIT:  
[www.preventobesityil.org](http://www.preventobesityil.org)

  
**Illinois Alliance  
to Prevent Obesity**

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